

DAILY VOWS OF VALUES

1. I value my Holy body because it belongs to God as a living sacrifice.
2. I value my Holy body because it is the temple for the Holy Ghost.
3. I value keeping my body and my emotions under subjection by the power of the Holy Ghost at all times.
4. I value my body because I present it unto the Lord as my reasonable service, Holy and acceptable unto him.
5. I value my salvation because Jesus died and shed his precious blood, that I maybe forgiven from all my sins.
6. I value my body which is a temple for the Holy Ghost, and by the help of the Holy Ghost, I shall keep my body free from fornication.
7. I value living free from fornication until married above all else as my reasonable service unto the Lord.
8. I uphold highly, living a virtuous life free and separated from sin as long as I shall live.
9. I value my salvation above all else in the world.
10. I dedicate my Body, Soul, and Spirit as a young handmaiden unto the Lord as my reasonable service without spot or blemish or any such thing, so long as I live, so help me God. -Amen-

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